Coverage for: Individual and Family plans | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.pehp.org or call 1-800-765-7347. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.pehp.org or call 1-800-765-7347 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$350 person/\$700 family for <u>network providers</u> and out-of-network providers.  Doesn't apply to <u>network provider</u> visits or <u>preventive care</u> received from <u>network providers</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, they have to meet their own individual <u>deductible</u> until the overall family <u>deductible</u> amount has been met.
Are there services covered before you meet your deductible?	Yes. Some <u>network provider</u> visits or preventive care received from <u>network providers</u> are not subject to the <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount.  But a <u>copayment</u> or coinsurance may apply. For example, this plan covers certain preventive services without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$3,000 person/\$6,000 double/\$9,000 family for network providers. No out-of-pocket limit for out-of-network providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and healthcare this <u>plan</u> doesn't cover. See Benefits Summary.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.pehp.org or call 1-800-765-7347 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your plan pays (a balance bill). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

C	Carrises Van May	What You Will Pay		Limitations Eventions 0	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health	Primary care visit to treat an injury or illness	\$25 co-pay/visit  IHC for Summit: \$35 co-pay  Univ. of Utah MG: \$35 co-pay  PEHP e-Care: \$10 co-pay/visit  PEHP Value Clinics: \$10 co-pay	40% of <u>Allowed Amount</u> (AA) after <u>deductible</u>	*The following services are not covered: charges for after hours or holiday; acupuncture; screening for developmental delay.	
care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$35 co-pay/visit IHC for Summit: \$45 co-pay Univ. of Utah MG: \$45 co-pay	40% of AA after <u>deductible</u>		
	Preventive care/ screening/immunization	No charge	40% of AA after <u>deductible</u>	*You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	20% of Allowed Amount after deductible 20% of AA after deductible	40% of AA after <u>deductible</u> 40% of AA after deductible	*Qualifying adult members age 18 and up may receive one facility-based sleep study for obstructive sleep apnea in a hospital in a three-year period, Pre- authorization required. Additional attended sleep studies for adults must be	
If you have a test				performed at an office or an office-based clinic, but not a hospital or clinic whose allowed amount is based off a percentage of billed.  *Genetic testing requires <u>pre-authorization</u> .  *Some scans require <u>pre-authorization</u> .	
If you need drugs to	Generic drugs (Tier 1)	\$10 co-pay/retail	The preferred co-pay plus the difference above the discounted cost	*PEHP formulary must be used. Retail and mail-order prescriptions not refillable until 75% of the total prescription supply within the last 180 days is used; some	
treat your illness or condition	Preferred brand drugs (Tier 2)	25% of discounted cost/retail. \$25 minimum/no maximum	The preferred co-pay plus the difference above the discounted cost	drugs require step therapy and/or <u>pre-authorization</u> . Enteral formula requires <u>pre-authorization</u> . No coverage for: non-FDA approved drugs; vitamins, minerals, food	
More information about <u>prescription</u> drug coverage	Non-preferred brand drugs (Tier 3)	50% of discounted cost/retail. \$50 minimum/no maximum	The preferred co-pay plus the difference above the discounted cost	supplements, homeopathic medicines, and nutritional supplements; non-covered medications used in compounded preparations; oral and nasal antihistamines; replacement of lost, stolen, or damaged medication.	
is available at www.pehp.org.	Specialty drugs (Tier 4)	Medical - 20% of AA after deductible for Tier A drugs, 30% of AA after deductible for Tier B drugs	Tier A 40% of AA after <u>deductible</u> Tier B 50% of AA after <u>deductible</u>	*PEHP uses the specialty pharmacy Accredo and Home Health Providers for some specialty drugs; <u>pre-authorization</u> may be required. Using Accredo may reduce your cost.	

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Camman	Services You May Need	What You Will Pay		
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*No coverage for: cosmetic surgery; bariatric surgery. Spinal cord stimulators require <u>pre-authorization</u> .
outpatient surgery	Physician/surgeon fees	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	
K	Emergency room care	20% of AA, minimum \$150 co-pay per visit	20% of AA, minimum \$150 co-pay per visit, plus any <u>balance billing</u>	None
If you need immediate medical attention	Emergency medical transportation	20% of AA after <u>deductible</u>	20% of AA after <u>deductible</u> , plus any <u>balance billing</u>	*Ambulance charges for the convenience of the patient or family are not covered. Air ambulance covered only in life-threatening emergencies and only to the nearest facility where proper medical care is available.
	<u>Urgent care</u>	\$45 co-pay	40% of AA after <u>deductible</u>	None
	Facility fee (e.g., hospital room)	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*Take home medication from a hospital or other facility unless legally required and approved by PEHP. Inpatient mental health/substance
If you have a hospital stay	Physician/surgeon fee	\$25/\$35 co-pay per visit depending on <u>provider</u> type, 20% of AA after <u>deductible</u> for surgeons fees	40% of AA after <u>deductible</u>	abuse, skilled nursing facilities, inpatient rehab facilities, out-of network inpatient, out-of-state inpatient and some in-network facilities require <u>preauthorization</u> .
		IHC for Summit: \$45 co-pay Univ. of Utah MG: \$45 co-pay		
If you have mental	Outpatient services	\$35 co-pay/visit Univ. of Utah MG: \$45 co-pay	40% of AA after <u>deductible</u>	*No coverage for: milieu therapy, marriage counseling, encounter groups, hypnosis, biofeedback, parental counseling, stress management or relax-
health, behavioral health, or substance abuse needs	Inpatient services  20% of AA after <u>deductible</u> 20% of AA after <u>deductible</u> 40% of AA after <u>deductible</u> ties, situatio preauthoriza  Some of the	ation therapy, conduct disorders, oppositional disorders, learning disabilities, situational disturbances. Residential treatment programs require preauthorization and 60 day limit applies, no out of network coverage. Some of these services may be covered through your employer's Employee Assistance Program or Life Assistance Counseling.		
	Office visits	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	None
If you are pregnant	Childbirth/delivery professional services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	
	Childbirth/delivery facility services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Carriana Vara Mara	What You Will Pay		Limitations Essentians 0	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*All Out-of-Network and some In-Network provider services require <u>pre-authorization</u> . No coverage for custodial care. Maximum of 60 visits per plan year.	
	Rehabilitation services	Inpatient: 20% of AA after deductible. Outpatient: \$35 co-pay/visit Univ. of Utah Medical Group: \$45 co-pay	40% of AA after <u>deductible</u>	*Outpatient Physical Therapy (PT) /Occupational Therapy (OT) is limited to 20 combined visits per plan year. Speech Therapy (ST) is limited to a maximum of 60 visits per lifetime. Maintenance therapy and therapy for developmental delay are not covered. Inpatient rehabilitation is limited to 45 days per plan year and requires <u>pre-authorization</u> .	
If you need help recovering or have other special health needs	Habilitation services	Inpatient: 20% of AA after deductible. Outpatient: \$35 co-pay/visit Univ. of Utah Medical Group: \$45 co-pay	40% of AA after <u>deductible</u>		
	Skilled nursing care	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*Out-of-network requires <u>pre-authorization</u> . No coverage for custodial care.  Maximum of 60 days per plan year.	
	Durable medical equipment	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*Sleep disorder supplies are limited to \$325 in a plan year. One oral sleep appliance is covered every 5 years. Certain equipment requires <u>pre-authorization</u> .	
	Hospice service	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	None	
If your child needs	Children's eye exam	Over age 5 and adults: \$35 co-pay per visit.	40% of AA after <u>deductible</u>	*One routine exam per plan year.	
dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Ambulance... charges for the convenience of the patient or family; air ambulance for non-life-threatening situations
- Bariatric surgery
- Charges for which a third party, auto insurance, or worker's compensation plan are responsible
- Chiropractic care from an out-ofnetwork provider

- Complications from any non-covered services, devices, or medications
- Cosmetic surgery
- Custodial care and/or maintenance therapy
- Developmental delay screening
- Foot care routine
- Glasses

- Mental Health milieu therapy, marriage counseling, outside the U.S. encounter groups, hypnosis, biofeedback, parental counseling, stress management or relaxation therapy, conduct disorders, oppositional disorders, learning disabilities, situational disturbances
  - Non-emergency care when traveling
  - Nursing private duty
  - Nutritional supplements, including vitamins, minerals, food supplements, homeopathic medicines
  - Office visits charges for after hours or holiday
- Prescription medications not on the PEHP formulary; non-covered medications used in compounded preparations; oral and nasal antihistamines; replacement of lost, stolen, or damaged medication; takehome medications unless approved by PEHP
- Weight-loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Coverage provided outside the U.S.
- Long-term care
- Dental care (Adults or children)
- Routine eye care (Adults and children, exams only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information on your rights to continue coverage, contact the plan at 1-800-765-7347.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: www.pehp.org or 1-800-765-7347.

## Does this Coverage Provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month under this plan or under other coverage, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this Coverage Meet the Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eliqible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-765-7347 (TTY: 711).

–To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

# **About these Coverage Examples:**

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# **Peg is Having a Baby**

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$350
Specialist copayment	\$35
■ Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:			
Cost sharing			
Deductibles	\$350		
Copayments	\$0		
Coinsurance	\$1,450		
What isn't covered			
Limits or exclusions	\$0		
The total Peg would pay is	\$1,800		

\$7,600

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$350
Specialist copayment	\$35
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician visits (including disease education)

<u>Diagnostic tests</u> (blood work)

<u>Prescription drugs</u>

\$5,500

Durable medical equipment (glucose meter)

**Total Example Cost** 

In this example, Joe would pay:			
Cost sharing			
Deductibles	\$350		
Copayments	\$0		
Coinsurance	\$1,030		
What isn't covered			
Limits or exclusions \$			
The total Joe would pay is	\$1,380		

## Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall <u>deductible</u>	\$350
Specialist copayment	\$35
■ Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

<u>Diagnostic tests</u> (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

**Total Example Cost** 

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In this example, Mia would pay:		
Cost sharing		
Deductibles	\$350	
Copayments	\$0	
Coinsurance	\$430	
What isn't covered		
Limits or exclusions		
The total Mia would pay is	\$780	

\$2,500

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact PEHP Healthy Utah, 801-366-7300.